



## The Way: Steps Toward an Engaged Life

In these volatile and uncertain times, many of us are feeling a need for deeper connections to God, to one another, and to the world around us. Come join St. Mary's The Way for Adult Engagement, Formation, and Leadership Development and explore these connections with us. We are offering a rich program for the people of St. Mary's to grow in community and faith. The program will consist of four courses each of which is a series of four to six classes - virtual for now - with some opportunities for small group discussion.

Classes will be held on Zoom on Wednesdays and led by clergy and parishioners. We plan to have both a morning group at 10:00 and an evening group at 7:00. The Zoom links will be posted on our website and in our weekly Highlights.

Questions? Contact The Rev. Marguerite Judson, Assoc. Rector at [marguerite@smvsf.org](mailto:marguerite@smvsf.org)

**Start Here:** We will begin with the unique ethos of St. Mary's. We'll look at what we have built together--how we share a life of grace, our liturgy and music, and what we do as a community to care for each other in parish life, grow in faith, and serve the world. We will reflect on our personal faith journeys and the journey of the St. Mary's community, both where we are and where we want to be going. (Sept. 16 - Oct. 21, 2020).

**Go Deep:** This course will focus on the inner life. We will study several spiritual disciplines, exploring their history and the unique gifts each brings to a life of faith. We'll examine how we can integrate these paths into our own lives and into the faith life of the St. Mary's community. (Oct. 28 - Dec. 9)

**Go Forth:** We will discuss the biblical call to “go forth” and how we can give of ourselves to St. Mary’s, our community and all of God’s people and creation. Leaders in our parish ministries will reflect on the transformative power of the work of their ministries --both for those who serve and those who are served. We’ll discuss how faith informs our service ministries and the impact these ministries have on our own faith journeys. (Jan, 13 - Feb. 10, 2021)

**Lead:** This class is for people who have completed all three previous segments of The Way series and want to prepare to take on or improve their leadership roles in our community. It will focus on ways to develop our individual and corporate leadership skills for the benefit of our families, our parish, our community and the world around us. (Feb 24 - Mar. 17)