



# The Holy Eucharist

## THE FIRST SUNDAY IN LENT

8:00 a.m. Sunday, March 5, 2017

*During the season of Lent we will be observing a period of silence.  
Please use this time to transition from the outside world to the liturgy  
by kneeling in prayer or sitting in quiet reflection.*

### THE WORD OF GOD

OPENING HYMN

Forty days and forty nights

*Hymnal, #150*

A PENITENTIAL ORDER: RITE I

*The Book of Common Prayer, page 319*

Celebrant Bless the Lord who forgiveth all our sins.  
People **God's mercy endureth for ever. Amen.**

THE SUMMARY OF THE LAW

all kneeling

The Celebrant stands facing the people and says,

Celebrant Hear what our Lord Jesus saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Celebrant Let us humbly confess our sins unto Almighty God.  
Silence may be kept.

All **Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we earnestly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

Celebrant The Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

## KYRIE

all stand

Celebrant Lord, have mercy upon us.  
People **Christ, have mercy upon us.**  
Celebrant Lord, have mercy upon us.

## COLLECT OF THE DAY

Celebrant The Lord be with you.  
People **And with thy spirit.**  
Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan; Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

## PRAYER FOR THE INTERIM TIME

all say together

**Almighty God, we pray for the people of St. Mary's during this time of transition. May we be genuine in our self-reflection, patient in our discernment, loving in our communion, imaginative about our future, and daring in our faith. As we seek to find, instill in us trust in your loving guidance. As we seek to challenge, unite us in our commitment to serve and to know Christ in each other and the world; As we seek to inspire, fill us with your bountiful spirit. All this we pray, empowered by the love of Christ our Lord. Amen**

## THE FIRST LESSON

seated

Genesis 2:15-17; 3:1-7

**T**he Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in

the middle of the garden, nor shall you touch it, or you shall die.” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader      The Word of the Lord.  
People      **Thanks be to God.**

## PSALM 32

said responsively by half verse

*BCP*, page 624-625

### *Beati quorum*

- <sup>1</sup> Happy are they whose transgressions are forgiven, \*  
**and whose sin is put away!**
- <sup>2</sup> Happy are they to whom the LORD imputes no guilt, \*  
**and in whose spirit there is no guile!**
- <sup>3</sup> While I held my tongue, my bones withered away, \*  
**because of my groaning all day long.**
- <sup>4</sup> For your hand was heavy upon me day and night; \*  
**my moisture was dried up as in the heat of summer.**
- <sup>5</sup> Then I acknowledged my sin to you, \*  
**and did not conceal my guilt.**
- <sup>6</sup> I said, " I will confess my transgressions to the LORD." \*  
**Then you forgave me the guilt of my sin.**
- <sup>7</sup> Therefore all the faithful will make their prayers to you in time of trouble; \*  
**when the great waters overflow, they shall not reach them.**

<sup>8</sup> You are my hiding-place; you preserve me from trouble; \*  
**you surround me with shouts of deliverance.**

<sup>9</sup> "I will instruct you and teach you in the way that you should go; \*  
**I will guide you with my eye.**

<sup>10</sup> Do not be like horse or mule, which have no understanding; \*  
**who must be fitted with bit and bridle, or else they will not stay near you."**

<sup>11</sup> Great are the tribulations of the wicked; \*  
**but mercy embraces those who trust in the LORD.**

<sup>12</sup> Be glad, you righteous, and rejoice in the LORD; \*  
**shout for joy, all who are true of heart.**

## THE SECOND LESSON

seated

Romans 5:12-19

**A**s sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader     The Word of the Lord.

People     **Thanks be to God.**

**THE HOLY GOSPEL**

standing

Matthew 4:1-11

Response after the introduction to the Gospel **Glory be to thee, O Lord.**

**J**esus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Response at the end of the Gospel reading **Praise be to thee, O Christ.****THE SERMON**

seated

The Very Rev. Dr. Donald G. Brown

**AFFIRMATION OF FAITH**

standing

*The Nicene Creed*

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.  
Through him all things were made.**

**For us and for our salvation he came down from heaven: by the power of the Holy  
Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **THE PRAYERS OF THE PEOPLE**

Leader Blessed art thou, eternal God.

People **To be praised and glorified for ever.**

Leader Holy One, hear us as we pray for the unity of the church.

People **May we all be one in witness for the world.**

Leader Strengthen all who minister in Christ's name.

People **Give us courage to proclaim thy Gospel.**

Leader Make us alive to the needs of our community.

People **Help us to share one another's joys and burdens.**

Leader We praise thee for all thy saints who have entered into glory.

People **May we also come to share in thy heavenly kingdom.**

Leader We pray for the needs and blessings of our lives...

Prayers and thanksgivings are offered from the St. Mary's Prayer List and the congregation is invited to add theirs.

Celebrant God of our salvation, daily frame us more and more into the likeness of thy Son Jesus Christ; that walking in the way of the cross we might attain the resurrection of the righteous, from life unto life. **Amen.**

**THE CONFESSION OF SIN**      all kneel or stand

Celebrant Let us humbly confess our sins unto Almighty God.  
Silence may be kept.

People **Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

Celebrant Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

**THE PEACE**

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

**GREETING AND ANNOUNCEMENTS**

# THE HOLY COMMUNION

**THE GREAT THANKSGIVING, EUCHARISTIC PRAYER II** standing

*BCP, page 340*

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

The celebrant continues...

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**SANCTUS**

*BCP, page 341*

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

Stand or kneel as able as the celebrant continues...

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."



Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen**

And now, as our Savior Christ hath taught us, we are bold to say,

## THE LORD'S PRAYER

*BCP*, page 336

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*BCP, page 337*

Celebrant Christ our Passover is sacrificed for us;  
People **Therefore let us keep the feast.**

## THE PRAYER OF HUMBLE ACCESS

All **We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

## THE INVITATION

All who desire to know God are invited to receive the consecrated Bread and Wine.

If you prefer, gluten-free wafers are available. Please let the clergy know.

You may also receive a blessing instead of bread and wine by crossing your arms over your chest.

## POST COMMUNION PRAYER

standing

*BCP, page 339*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## SENDING OF THE LAY EUCHARISTIC VISITOR \*

Celebrant N., in the name of this parish family, I send you forth bearing these holy gifts to \_\_\_\_\_. Together we share in the body and blood of Christ.

People **Though we are many, we are one body, because we all share one bread and one cup.**

\* when needed

## BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

## DISMISSAL

Celebrant Let us bless the Lord.

People **Thanks be to God.**

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## LITURGICAL STAFF

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**The Very Rev. Dr. Donald G. Brown**  
Interim Rector

**The Rev. Hollinshead T. Knight**  
Assisting Clergy

**The Rev. Dr. Paula Nesbitt**  
Assisting Clergy

**Eric Choate**  
Interim Director of Music

**Marla Perkins**  
Interim Children's Choir Director

**Natalie Hala**  
Verger & Liturgist

**The Rev. Tim Smith**  
Deacon

**The Rev. Nancy Bryan**  
Deacon



# Announcements at St. Mary the Virgin

## WELCOME VISITORS & GUESTS

We are delighted that you chose to worship with us. We hope to be in an on-going and holy relationship with you in the days and years to come. Let us know how we can be of service to you. May God bless you and all whom you love.

**Please fill out a welcome card and put it in the offering plate,** or give it to one of the ushers or clergy.

We are happy to add you to our email list so you can keep up with the programs, activities, and news of St. Mary's.

### MUSIC FOR THIS MORNING

The choir will sing a setting of Tantum Ergo by French composer, Déodat de Séverac, who was a contemporary of Debussy, but maintained a style of composition grounded traditional practices. Tantum Ergo is an incipit of a lengthy Eucharistic Hymn by St. Thomas Aquinas, which glorifies the presence of Christ in the Sacrament of Holy Communion.

*-Eric Choate, Interim Director of Music*

### SUNDAY SCHOOL

Bread, Power, Wealth--if you're not sure how those things relate to Sunday School today be sure to ask the children. They'll have the answers and they'll also be full of insights about temptation, Lent and Prayer Rocks. As has been our first Sunday of Lent tradition at St Mary's, we'll launch our Heifer International outreach project and create a take-home Prayer Rock. Operating instructions will be included. PARENTS, you're part of the process. You'll need to encourage your children to say daily mini prayers on the theme of WOW (praise for the wonders of Creation) HELP (guidance is needed) and THANKS (self explanatory)

*-Nancy Clark, Sunday School Director*

### THE COLOR PURPLE

You may wonder why purple draping is used during Lent. Purple, of course, is the liturgical color of Lent and when we walk into church and notice a purple altar frontal, purple vestments and purple shrouding, we immediately know that something is different. These symbols are forceful reminders to us to "get ready" while evoking a heightened sense of eager anticipation for the first Alleluias of Easter. The undraping, unveiling and casting away of the liturgical purple color for white that will take place on Easter is a powerful reminder of our own life on earth. It is through our own death that the coverings are lifted and we are able to see the beauty of life on this earth and the heavenly kingdom of the next.

### THE GREAT LITANY

**TODAY** we begin our service with The Great Litany, an intercessory prayer including various petitions that are said or sung by a leader, with fixed responses by the congregation. It is a long standing tradition in the Anglican and Episcopal churches to incorporate this prayer into the liturgy during Lent. Authors of the 1979 Book of Common Prayer titled the Litany "The Great Litany" to distinguish it from other litanies in the Prayer Book. The Great Litany we are using today is from a supplemental, authorized resource entitled *Enriching our Worship* that expands upon the language, images and metaphors used in the Book of Common Prayer. The Great Litany, published in 1544, was the first English language rite prepared by Archbishop Thomas Cranmer, the author of the first Book of Common Prayer. Cranmer modified an earlier litany form by consolidating certain groups of petitions into single prayers with response. The Litany's use in church processions was ordered by Henry VIII when England was at war with Scotland and France and a continuous onslaught of plagues were ravishing England's population. This prayer of penitence and supplication is both timely and timeless, especially in moments of unrest and turmoil.

*-Natalie Hala*

### 2017 LENTEN SERIES.

#### LIVING THE WAY OF THE CROSS FROM THE HISTORICAL JESUS TO THE COSMIC CHRIST

Join **Bishop Marc Andrus, Fr. Jeremy Clark-King** and **Fr. Don Brown** for the **Lenten series on Wednesday evenings starting on March 8 at 6:00 p.m. in the Great Room.** The series will continue for each Wednesday evening of Lent. The five-week series is designed for all parishioners who would like to know more about Lent, the meanings inherent in the Stations of the Cross, and the traditions that surround our observances and religious practices during Holy Week. The series is designed to challenge us to develop new practices based on ancient teachings and lean into new cosmology, the stations of the cosmic cross. The series includes a light

soup supper. If you have friends who want to know more about faith practices in the Episcopal Church, please invite them to attend with you. *-Natalie Hala*

### **RAPHAEL HOUSE KITCHEN PATROL**

On Monday, March 6 at 3:30 to 5:30 p.m., and/or 5:30 to 7:00 p.m. join the group of St. Mary's volunteers who prepare food for the residents of Raphael House on the first Monday of every month. The mission of Raphael House is to help at-risk families achieve stable housing and financial independence while strengthening family bonds and personal dignity. They boast an outstanding success rate of 85 percent in finding long-term, stable housing for homeless families. St. Mary's supports Raphael House in two ways, with funds from an Outreach Grant, and with volunteers in their kitchen on the first Monday of every month. You can read more about this wonderful organization in the current issue of the Cow Hollow Church News. To find out more about volunteering, contact Alisa Quint Fisher at [alisaquint@me.com](mailto:alisaquint@me.com).

### **LENTEN CARBON FAST**

With the season of Lent quickly approaching, Bishop Marc Andrus is inviting all members of the Diocese of California to join him in a Lenten 'carbon fast' — a prayerful effort to reduce daily actions that damage God's creation. For example, Bishop Marc plans to walk or bike to work each day, one staff member of the Diocese will be giving up morning ride-share to take public transit, and another is committing to a 'carbon tithe' to offset the cost of planting new trees in hurricane-ravaged parts of Haiti. You can find many inspirational resources and ideas for your carbon fast through **Interfaith Power & Light**, the **Episcopal Church Foundation**, and the **Anglican Communion Environmental Network**.

*-Natalie Hala (adapted from Diobytes 2.14.17)*

### **SF NIGHT MINISTRY BENEFIT CONCERT**

Vocalists including some members of the San Francisco Opera Chorus will invoke "A Touch of the Irish," raising their voices to benefit the work of the San Francisco Night Ministry in an afternoon concert followed by a champagne and chocolate reception. One of St. Mary's Outreach Grant recipients, the Night Ministry has been offering aid and comfort to people on the streets and by telephone, in the

middle of the night, for over 50 years. Join the fun at St. Mark's Lutheran Church, 111 O'Farrell Street, on **Sunday, March 12th at 3:00 p.m.** Tickets are \$25 at the door; \$20 for seniors and students. For more information, go to [www.sfnightministry.org](http://www.sfnightministry.org).

*- Sandra Gary and Marian Brischle*

### **YOUTH GROUP ADVENTURE NIGHT**

**North Beach Scavenger Hunt!** All 6th-12th graders are invited to **meet at the church at 5:30 p.m.**, head over to **North Beach** for fun and food, and then **return to church by 7:30 p.m.** Bring some spending money for snacks in North Beach. We might also need a couple of parents who are willing to ferry us to and from the Hunt; contact Mike Stafford if you might be willing!

*-Mike Stafford, Youth Minister*

### **MISSION TRIP**

Signups for the Mission Trip to Arkansas have begun! Follow the link below to register for the trip, and feel free to pass it on to others who might not be on our email list. **Registration ends March 15**, and is open to all graduating 8th graders through graduating seniors. Any questions about the trip can be directed to Mike Stafford. Here is the link to register:

<https://goo.gl/forms/WKRpBQWRUn1ZJmcm2>

*-Mike Stafford, Youth Minister*

### **MEMORIAL SERVICE FOR JIM ANDERSON**

A memorial service for Jim Anderson will be held on **Sunday, March 12 at 2:00 p.m.** here at St. Mary's. Jim was a longtime member of the congregation and was actively involved as a chalice bearer, belonged to the Cursillo community and served as liaison to AA meetings held on our church campus. Reception will follow after the service.

### **ARE YOU AVAILABLE TO PROVIDE OCCASSIONAL RIDES TO SUNDAY SERVICES?**

Pastoral Care Committee members fulfill a variety of needs for parishioners, such as phone calls, personal notes, meal delivery, transportation and some personal visits if deemed necessary by the clergy. We provide an online tool for easy sign-ups to help with occasional rides for Sunday services or meal preparation and delivery. Please consider joining our dedicated group of volunteers whom we call on for meals and transportation. Most of the time, you are only needed for one meal or one ride. For more information or to join us, contact Josie McGann: [josiemcgann@gmail.com](mailto:josiemcgann@gmail.com) or call 415 297-2202.

## 2017 ANNUAL PARISH RETREAT

Please mark your calendar for **Friday, May 19th through Sunday, May 21st** for our Annual Parish Retreat at the Bishop's Ranch in Healdsburg. This much loved tradition is a time for parishioners of all ages, from all services, to come together and enjoy fun and fellowship. We can engage in hiking, eating, swimming in the saltwater pool, tasting cheese and wines, worshipping in the Ranch's lovely historic chapel, dropping into quiet contemplation, exploring the town of Healdsburg, doing crafts, playing games, eating s'mores by the campfire, and yes, enjoying some fellowship and community! Do it all or just enjoy sitting with a book, basking in the beauty of the wine country. The registration costs include comfortable lodging, all meals, crafts and other supervised activities for the kids, and entertainment for all. Registration forms will be available at [www.smvsf.org](http://www.smvsf.org) and in future bulletins. Look for more details in coming announcements. The **deadline to sign up is May 12th at noon**. We also need volunteers to help at the Ranch; please contact **Amy Cebrian** at [amycebrian@gmail.com](mailto:amycebrian@gmail.com) if you can help. We have loved going for years and hope to see you at the Ranch!

-Amy Cebrian

## ASHES AND THE DIVINE SPIRIT

A "Last Saturday found me between storms, on a bench before a flaming cauldron in St. Mary's courtyard. I got a new perspective on the central ritual of Ash Wednesday. "Ashes to ashes, dust to dust" – a few solemn words and a swipe of grime across the forehead 40 days before Easter mark the beginning of Lent, the reflective season when we Christians are supposed to quit our whining and preening and remember that we are nothing – nothing -- apart from God. That's what I thought I understood. Then I tried to make ashes. Every year or so, the Altar Guild gathers up some of the palm fronds waved on Palm Sunday, and puts the bundle on a high shelf in the sacristy to dry. We burn them the following winter to create the ashes for Ash Wednesday -- the start of Lent. Circle of Life. Great idea! Except, this year I couldn't get them to burn..."

-Deborah Franklin

*This is the beginning of a timely essay by Altar Guild Chair Deborah Franklin. To read all of her inspiration on finding the divine spark, go to the Spiritual Formation page of St. Mary's website: <http://smvsf.org/adult-formation/>.*

## LAY MINISTRY

**Altar Guild:** Jan Bolles, Yaromil Ralph, Landra Miles,  
Jane Standing, Valerie Mayer

**Eucharistic Visitors:** Sandy Briggs, Alexandra Grover,  
David Crosson

**Flowers:**

**8:00 a.m. service**

**Chalice Bearer:** Georgene Keeler

**Usher:** John Addeo

**9:00 a.m. service**

**Chalice Bearers:** Kathleen Murray, Jim Griffith, Debbie Veatch

**Lector:** Phil Woodworth

**Prayer Leader:**

**Children's Homily:** Ginny Woodworth

**Ushers:** Phil Albert, Arthur Perkins, Geoff Tuller

**Acolytes:**

**First Crucifer:** Isabella Albert

**First Torch Bearers:** Leila Dahlem, Charlotte Wyman

**Second Crucifer:** George Sutton

**Second Torch Bearer:** Chase Mack, Johnny Perkins

**Servers:** Bo Darwin, Ryan Darwin

**11:00 a.m. service**

**Chalice Bearers:** Roulhac Austin, Tom Austin, Bob Bledsoe

**Lector:** Marian Brischle

**Prayer Leader:**

**Ushers:** Carl Zachrisson, Sheila Santangelo

## We Pray For...

### **PARISHIONERS, RELATIVES and FRIENDS**

George Dietrich  
Paula Driscoll  
Alexa Frechette  
Carol Hughes  
Canon Stefani Schatz  
Robin Bryan  
Ron Larson  
Cammy Bryan  
Emily

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### **CONTINUING CONCERNS**

Roy Brichard  
Mason Brown  
Mitch Graham  
Bob Mittelstadt  
Pat Okimoto  
Kerry Reed  
Matt Sowick  
Joan Toto  
Lisa Vance  
Rebecca Wardell  
The Community at the  
Heritage  
The Community of St.  
Francis  
The Presidio Gate residents  
The CASA foster children  
Nick  
Dolores Cook

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### **DISCERNMENT OF MINISTRY**

Kathleen Bean  
Nan Slavin  
Stephanie Lehman  
Stephen Ministry  
Class of 2017

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### **RECENTLY DECEASED**

Jim Anderson  
Ed Weir  
Eleanor Dickenson  
Grant Carey  
Anna Kwock

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### **GLOBAL CONCERNS**

For those suffering from  
famine, especially in Nigeria,  
Somalia, Yemen and South  
Sudan.

For the protection of human  
rights and the preservation  
of dignity for all people.

For those suffering from the  
aftermath of excessive rain  
and flooding.

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### **THANKSGIVING**

For those who packaged  
food during the Stop Hunger  
Now event.

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### **TO SUBMIT PRAYER REQUESTS**

Names may be submitted to  
our prayer request email at  
[prayfor@smvsf.org](mailto:prayfor@smvsf.org) or by  
filling out a **YELLOW** prayer  
card and placing it in the  
offering plate. Names will  
remain on the prayer list for  
**two weeks** and may be re-  
submitted.

## *The Episcopal Church of St. Mary the Virgin*

2325 Union Street  
San Francisco CA 94123  
Tel. 415.921.3665



### **Church Office Hours:**

Monday through Thursday  
9:00 a.m. - 4:00 p.m.

[www.smvsf.org](http://www.smvsf.org)

### **St. Mary's Staff Directory**

All phone extensions are for: 415.921.3665

**The Very Rev. Dr. Don Brown**, *Interim Rector*  
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**The Rev. Hollinshead T. Knight**, *Assisting Clergy*  
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**The Rev. Dr. Paula Nesbitt**, *Assisting Clergy*  
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**Natalie Hala**, *Parish Verger & Liturgist*  
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**Nancy Svendsen**, *Events Coordinator*  
[nancys@smvsf.org](mailto:nancys@smvsf.org); 415.205.6787

### **Pastoral Emergencies**

There is always a clergy person on call. To reach him or  
her at off hours, call the office at **415.921.3665** and **press 4**.